

Marzieh Yassin

Assistant professor of physical therapy

Iran University of Medical Sciences

Educational records

Course	University	City	Country	Graduation Data
Bachelor	Iran University of Medical Sciences	Tehran	Iran	2006
Master of science	Iran University of Medical Sciences	Tehran	Iran	2009
PhD	Tehran University of Medical Sciences	Tehran	Iran	2015

Languages

Languages	Translation Skill	Dialogue Skill
English	Good	Good

Research interests

Title	Start Date
Myofascial trigger point	2005
Neck pain	2005
Electrotherapy	2005
Electromyography(EMG)	2008
Electroencephalography(EEG)	2008
Contingent Negative Variation(CNV)	2010
Dry Needling	2018
Carpal Tunnel Syndrome(CTS)	2019

Workshops contributed

Workshop & Courses Titles	Functional Organization	Place	Date
Application of Ultrasound Imaging in physiotherapy	Iran university of medical science	school of rehabilitation sciences, Iran University of Medical Sciences	2018
Good Clinical practice Research	Iran university of medical science	Iran university of medical science	2018
MRI (knee)	Iran university of medical science	school of rehabilitation sciences, Iran University of Medical Sciences	2016
MRI(spine)	Iran university of medical science	school of rehabilitation sciences, Iran University of Medical Sciences	2016
MRI(Shoulder)	Iran university of medical science	school of rehabilitation sciences, Iran University of Medical Sciences	2016
Manual Therapy(spine)	Iran university of medical science	school of rehabilitation sciences, Iran University of Medical Sciences	2017
Manual Therapy(shoulder)	Iran university of medical science	school of rehabilitation sciences, Iran University of Medical Sciences	2017
Nerve mobilization	Iran university of medical science	school of rehabilitation sciences, Iran University of Medical Sciences	2017
Postural Assessment	Iran university of medical science	school of rehabilitation sciences, Iran University of Medical Sciences	2017
Muscle Energy Technique(MET)	Iran university of medical science	school of rehabilitation sciences, Iran University of Medical Sciences	2017

Research projects

Project Titles	Executers	Supportive Organization	Project Situation	Completion Date
The Effects of Active Myofascial Trigger Point on Preparatory Brain Activity and Anticipatory Postural Control Associated with Voluntary unilateral Arm Flexion	Yassin, Marzieh	Iran University of Medical Sciences		2015
The Effects of Pressure Release, Phonophoresis of Hydrocortisone, and Ultrasound on Upper Trapezius Latent Myofascial Trigger Point	Yassin, Marzieh	Iran University of Medical Sciences		2008

Theses supervised

Titles	Executers	Place of Execution	Completion Date
Effects of upper trapezius active trigger point dry needling on postural control and clinical signs in women with chronic non-specific neck pain(A single blinded randomized clinical trial)	Navaee, freshteh	Iran University of Medical Sciences	-
Comparision of effects of Dry needling and High power laser therapy on clinical signs in females with upper trapezius muscles active trigger points(A single blinded randomized clinical trial)	Parandnia, Azizeh	Iran University of Medical Sciences	-
Comparison of effectiveness of tecar therapy and neurodynamic techniques on clinical signs in subjects with carpal tunnel syndrome	Hashemi, Elnaz	Iran University of Medical Sciences	-

Published articles

Paper Title	Writer	Magazine Title	Publis h Year
The Effects of Pressure Release, Phonophoresis of Hydrocortisone, and Ultrasound on Upper Trapezius Latent Myofascial Trigger Point	Javad Sarrafzadeh Amir Ahmadi Marzieh Yassin	Arch Phys Med Rehabil	2012
comment	Javad Sarrafzadeh Amir Ahmadi Marzieh Yassin	Journal of musculoskeletal pain	2012
Arm Flexion Influence on Muscle Reaction Time in Females with Active Myofascial Trigger Point	Marzieh Yassin Saeed Talebian Ismail Ebrahimi Takamjani Nader Maroufi Amir Ahmadi Javad Sarrafzadeh Shapour Jaberzadeh and Anita Emrani	British Journal of Applied Science & Technology	2015
The effects of arm movement on reaction time in patients with latent and active upper trapezius myofascial trigger point	Marzieh Yassin Saeed Talebian Ismail Ebrahimi Takamjani Nader Maroufi Amir Ahmadi Javad Sarrafzadeh	Medical Journal of the Islamic Republic of Iran (MJIRI)	2015

Muscles Recruitment Pattern in People with and Without Active Upper Trapezius Myofascial Trigger Points in the Standing Posture	Esmaeil Ebrahimi Takamjani Marzieh Yassin I Saeed Talebian Nader Maroufi Javad Srrafzadeh and Amir Ahmadi	Middle East J Rehabil Health Stud.	2018
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Under publication articles

Paper Title	Writer	Magazine Title	Publish Year
The Effects of Active Myofascial Trigger Point on Preparatory Brain Activity and Anticipatory Postural Control Associated with Voluntary unilateral Arm Flexion	Marzieh Yassin Saeed Talebian Ismail Ebrahimi Takamjani Nader Maroufi Amir Ahmadi Javad Sarrafzadeh	Brain Research	2019
Cerebrocortical and Muscles activity in patients with upper trapezius latent myofascial trigger points	Marzieh Yassin Saeed Talebian Ismail Ebrahimi Takamjani Nader Maroufi Amir Ahmadi Javad Sarrafzadeh	Brain Research	2019